

Louisville Beauty & Wellness Client Information

NAME _____ ADDRESS _____

PHONE #: _____ EMAIL _____

DATE OF BIRTH :

Do you presently have or previously had any of the following: (yes or no)

- _____ Botox
- _____ Diabetes
- _____ Lip Fillers
- _____ Cold Sores/Fever blisters
- _____ Eyelid Surgery
- _____ Hepatitis (A, B, C, D)
- _____ Brow lift or Face Lift
- _____ Easy Bleeding
- _____ Abnormal Heart Condition
- _____ Contact Lenses Now
- _____ Chemical Peel if so last treatment date
- _____ Accutane or Acne treatment
- _____ Tan by booth or sun
- _____ Difficulty numbing with dental work
- _____ Taking blood thinners such as Aspirin, Ibuprofen, alcohol, Coumadin etc.
- _____ Currently Pregnant or Breastfeeding
- _____ Very Oily Skin

List of any allergies in food and medication:

List of any diseases or disorders not listed:

Please list medications or vitamins you are presently taking:

I agree that all the above information is true and accurate to the best of my knowledge.

SIGNATURE: _____ DATE: _____

Statement of Consent (initial each)

_____ Aftercare instructions have been explained to me and a written copy will be given to me to retain in my possession, which I will follow to the best of my ability. If I have questions I will call or email my technician.

_____ I understand that a certain amount of discomfort can be associated with this procedure and that swelling, redness and bruising may occur.

_____ I understand that sun, tanning beds, pools, medications and some skin care products can affect my permanent makeup.

_____ I will tell all skin care professionals or medical personnel about my permanent makeup procedures, especially if I'm scheduled for an MRI. I accept the responsibility in explaining to you my desire for specific color, shape, and positions for any procedure done today.

_____ I understand that implanted pigment color can slightly change or fade completely over time due to circumstances beyond anyone's control and I will need to maintain the color/shape with a perfecting session within 60 days and a color boost session before my work has faded (usually between 12-24 months to where the artist can see the strokes/shape) in order to keep my work crisp and defined.

_____ I will have my perfecting session (if needed) 45-60 days after initial appt My perfecting session price is \$100 with a refund of \$25 per positive Google, Facebook and Yelp review (up to \$75!) This discount is ONLY applicable to perfecting sessions.

_____ If I wait beyond the 60 day time period and need a color boost session, a color boost session fee (\$200-250) will apply. This price is applicable at any time between 60 days past your initial treatment and up to 24 months after (as long as strokes and/or shape can still be seen). If strokes/shape cannot be seen when you come back for a color build, you will need to pay the price of a full new service as we will have to remap your brows or lips from scratch.

_____ I acknowledge that the proposed procedure(s) has the possibilities of complications during and/or following the procedures such as: risk of infections, misplaced pigment, excessive bleeding, poor color retention and hyperpigmentation.

_____ I accept full responsibility for the decision to have this cosmetic tattoo and/or microblading work done. I fully understand there is NO REFUND, and this procedure may not have the outcome I expected.

I certify that I have read the contents of this form. I understand the risks and alternatives in this procedure(s) and I have had the opportunity to ask questions and get them answered. I acknowledge that I have reviewed and approved the material and give authorization for Louisville Beauty & Wellness as my permanent cosmetic artists to perform my appointment.

SIGNATURE: _____ DATE: _____

Consent and Release Agreement for Permanent Cosmetics & Microblading

This form is designed to give information needed to make an informed choice of whether or not to undergo a permanent cosmetic and microblading application. If you have questions, please don't hesitate to ask. Although permanent cosmetic tattooing and microblading are effective in most cases, NO guarantee can be made that a specific client will benefit from the procedure. Microblading is not permanent. There are no refunds.

Generally, the results are excellent. However, a perfect result is not a realistic expectation. A perfecting touchup is generally needed 45-60 days after the healing is completed. YOU MAY NEED MORE THAN ONE PERFECTING TOUCH UP SESSION TO ACHIEVE DESIRED RESULTS. MICROBLADING LASTS 6 MONTHS TO 24 MONTHS ON AVERAGE. RESULTS VARY PER PERSON. You are SIGNING this KNOWING that color retention is NOT guaranteed.

Photography and Videography Release :

Before and After photos/videos may be taken and kept on file. We would like your permission to use these photos/videos for advertising of ANY kind. We do recommend coming in makeup and we will remove the necessary areas if you would like to look your best for your before/after images.

SIGNATURE _____ DATE _____

Results/Outcome Disclosure

It has been reviewed multiple times that my color MAY FADE SIGNIFICANTLY and will also FADE IN AND OUT DURING THE ENTIRE HEALING PROCESS . MICROBLADING AND PERMANENT COSMETICS PROCEDURES ARE NOT FOR EVERYONE , I MAY BE ONE OF THEM.

RESULTS vary (EVEN AFTER HEALING) depending on but not limited to:

how your body metabolizes the color, environmental factors, sun exposure (even after healing), tanning (tanning bed or direct sun even after healing) , SMOKING (this is big one), skin care products/makeup, herbal supplements, underlying OR undiagnosed medical conditions, use of certain medications, hormones, not following ALL instructions, unknown causes (which are beyond any person's control) , PICKING OR SCRATCHING TREATED AREA, LAKE WATER/ CHLORINATED POOLS AND HOTTUBS (even after healing), chemical peels, microderm treatment, anti-aging treatments, plucking, waxing, threading on treated area, pregnant OR nursing. Microblading is a superficial, temporary treatment. It is implanted in my lower layer of my epidermis which I am continually exfoliating. Everyone exfoliates at different rates.

This is NOT permanent and may last 6 months to 24 months realistically but could fade sooner or last longer depending on the above points that I have read through and agree to move forward with my procedure.

To whom this contract may concern, I have carefully read and understand EVERYTHING I have signed and have had all my questions answered, I am choosing to proceed on my own free will and am in a healthy state of mind to do so. I have viewed the risks and complications, contraindications and followed my pre-care instructions and will follow my post care instructions as well.

SIGNATURE _____ DATE_____

Permanent Cosmetics Contraindications

- under 18 years of age
- diabetes
- pregnant or lactating women
- glaucoma
- skin diseases such as psoriasis, eczema and undiagnosed rashes or blisters on the site that is to be treated, keloids
- allergies to makeup
- easily triggered post inflammatory hyperpigmentation
- transmittable blood conditions like HIV or Hepatitis
- active skin cancer in the area to be tattooed
- actively in chemotherapy (it is ideal to book these services 6- 8 week prior to chemo to avoid any hair loss looks to the brow that you might be concerned with and allow time for your perfecting session). If receiving after chemo, you should wait at least a few weeks post chemo and get your doctor's approval.
- hemophiliac
- healing disorder
- blood thinners
- uncontrolled high blood pressure or mitral valve disorder
- Accutane or steroids
- Active shingles
- Sunburn
- Anemia or other abnormal bleeding conditions
- autoimmune disease (ok with doctors note of clearance)
- EXISTING TATTOO ON DESIRED PROCEDURE AREA (will have to see and determine if work can be done or if tattoo removal needs to be done first--schedule a consultation for this)

*Let me know if you have/had allergic reactions to topical anesthetics.

Flu, Cold, Fever: Please stay home, reschedule your appointment if you have a cold or flu or sinus/respiratory infection *we will take no-contact forehead temperature checks before administering services to keep everyone protected and our environment safe for all of our clients and employees.

Eye lift or blepharoplasty: Wait about 3 months

I do not have any of the contraindications listed above or have my doctor's direct approval to proceed with permanent makeup services.

SIGNATURE _____ DATE _____

Possible Risks and Complications

- Excessive bleeding, which can affect results. Excessive bleeding can be due to many factors beyond technician's control.
- Pain: There can be pain even after the topical anesthetic has been used. Anesthetics work better on some people than others.
- Infection: Infections are very unusual. The areas treated must be kept clean and only freshly cleaned hands should touch the areas
- Uneven Pigmentation or poor color retention. This can result from poor healing, infection, bleeding. Excessive scabbing, picking scabbing or many other causes. Your follow up appointment will likely correct any uneven appearance.
- Asymmetry: Every effort will be made to avoid asymmetry but our faces are not symmetrical so adjustments may be needed during the follow up session to correct any unevenness.
- Excessive Swelling or Bruising: Some people bruise and swell more than others. Ice packs may help with the bruising and swelling will typically disappear within 1-5 days.
- Eye Exposure: There is a small risk of eye injury when an eyeliner procedure is performed. To avoid corneal abrasion, Celluvisc, a thick eye drop is used to protect the eye prior to the procedure. Eye drops are used to cleanse and flush the eye after the procedure is complete.
- Anesthesia: Topical anesthetics are used to numb the area to be tattooed. Lidocaine, Prilocaine, Benzocaine. Tetracaine and Epinephrine in a cream or gel form are typically used. If you are allergic to any of these please inform me now.
- MRI: Because pigments used in permanent cosmetic procedures contain inert oxides, a low-level magnet may be required if you need to be scanned by an MRI machine.
- Fever Blisters: If you are prone to cold sores or fever blisters, (herpes simplex), there is a high probability that you will get them. It is advised that you call your doctor for a prescription antiviral to help prevent his form occurring.

SIGNATURE _____ DATE _____

Microblading and Permanent Cosmetic Pre-care

It is absolutely crucial that you follow your Pre-Care AND Post-care instructions to achieve the full and best result.

- Do not work out for 24 hours before or after procedure
- NO alcohol or caffeine 48 hours before procedure.
- Avoid sun and tanning on week prior to procedure
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 48 hours before procedure.
- Avoid Fish Oil for 1 week and Prenatal Vitamins, Nutritional Shakes 48 hours prior to procedure.
- Discontinue Retin-A, Chemical and Laser Peels, microdermabrasion, and Alpha Hydroxy Acid (AHA) for at least 3 weeks prior (and avoid on eyebrow area after procedure to prevent premature fading)
- Botox and filler on the forehead, temple and eye area should be avoided 2 weeks prior to AND 2 weeks after procedure.
- Avoid ginger, cinnamon, garlic, black and cayenne pepper for 48 hours.
- No brow waxing, tinting and threading 1-week prior (the more natural hair growth you have, the better!)
- You will be more sensitive during your menstrual cycle and have a greater chance of bleeding if you smoke.

Please plan all procedures 1-6 weeks prior to a special event or vacation. This allows adequate time for healing. Your desired brow cannot be achieved in just one session, it is a 2-step process and is not uncommon to lose 30% to 80% of your color after the first treatment. Some clients need MORE than two sessions to achieve their desired density and shape. If excessive bleeding occurs, extra appointments may be necessary for desired outcome of procedure may not be effective.

Your perfecting session (if needed---not all clients will need a perfecting session) is \$100 and should be done at the 6-8 weeks mark. You can get \$25 refunded after that session for any Google, Facebook or Yelp positive review (can be combined up to \$75). Additional touch ups do have a charge as well. It is absolutely crucial that you follow your Pre and Post-Care instructions to achieve the full results of the Microblading procedure. If directions are not followed, there is a risk that your procedure results won't last as intended. Scabbing is normal. The amount of scabbing cannot be predicted as each person is different. Excessive bleeding can cause excessive scabbing.

SIGNATURE _____ DATE _____

Brows Typical Healing Schedule

Day 1-4- Areas treated become darker and more filled in looking as they form a scab. This is only temporary, DO NOT PANIC. They will be much darker and fuller looking as scabs form.

Day 5-12- Scab naturally exfoliates, peels and flakes away over the course of several days. The fresh skin underneath is white or pinkish and may have a waxy coating, making it appear that the brows are too light. It may seem like ALL your color has fallen off! Be patient as this is part of the natural skin healing process--the final outcome will be wonderful.

Day 10-30- After 10 days you may use brow makeup very gently if you need it. The color will slowly come back to life and bloom back to the surface as the new, milky layer of skin settles in and heals. Wait at least 4 weeks to see the true color, it will take on new strength, and it is only after 4 weeks that your touch-up/adjustment can be done. Your second appointment is to tighten up your shape, touch up any light spots, assess how your skin reacts to the process, and decide if you are happy with the chosen color or would like to go darker.

NOT EVERYONE FOLLOWS THE EXACT HEALING SCHEDULE. THIS IS ONLY THE AVERAGE HEALING. ALL SKIN IS DIFFERENT AND YOUR BROWS AND PERMANENT COSMETIC PROCEDURE CAN GO THROUGH NO FLAKING, SOME FLAKING, SCABBING, COLOR LIGHTENING, COLOR LOSS, SPOTS THAT FADE, SPOTS THAT DO NOT FADE. IT MAY TAKE MORE THAN ONE TOUCH UP TO ACHIEVE MY DESIRED LOOK , FULLNESS AND OUTCOME , MIRCOBLADING , PERMANENT EYEBROWS, PERMANENT EYELINER AND OTHER PERMANENT COSMETIC PROCEDURES MAY NOT WORK FOR ME AND I AM SIGNING THIS SHEET KNOWING THIS AND WILL NOT HOLD TECHNICIAN AT FAULT.

SIGNATURE_____DATE_____

POST CARE

- For the first 24 hours, blot any fluid from the treated area with a tissue or gauze pad. Scabbing is normal. Some scab more than others for a variety of reasons such as bleeding, or the body's own immune reactions. **DO NOT PICK THE SCABS!**
- 1st day, **VERY IMPORTANT** Rinse the brow area (**VERY GENTLY**) a few hours after procedure then 2x per day for the next 2 days with warm water and gentle, neutral soap (cetaphil, Baby Shampoo or antibacterial dial) to prevent wound from getting dirty and lessen scab formation. Apply a very thin layer of aftercare each time you rinse. Make sure eyebrows are **COMPLETELY** dry before applying ointment (pat dry with paper towel or air dry)
- Day 2-8 Maintain Facial Hygiene. Morning and Night dab using a cotton pad and sterile water to keep brows clean. Apply after care very sparingly 3-5 times a day to dry brow. Try to keep your brows as dry as possible. No Makeup or skin care should be applied to brows or area treated.
- Day 1-10 Limit showers to 5 mins and avoid direct water on brow. Use Vaseline as a barrier while in shower (blot off immediately after showering). Avoid pools, saunas, steam rooms, hot showers and or hot baths for 10 days.
- Do not rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring and pigment loss!
- Avoid sun exposure and tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change color while healing and can also cause hyperpigmentation and scarring. After 10 days, once the area has healed completely, use sunblock when going out in the sun to stop the color from fading.
- Avoid Sweating on your face for 10 days. Sweating through or on the brows will expel pigment from the dermis producing poor results.
- Avoid sleeping on your face/rows for the first 10 days!
- Do not tint eyebrows for 2 weeks after procedure.
- Avoid Retin-A, Chemical Peels, Laser Treatments, Microdermabrasion, and/or anything to treat hyperpigmentation around the brow area to prevent fading.

SIGNATURE _____ DATE _____

COVID 19 Screening

Have you traveled out of the country in the past 14 days?

Have you traveled on a cruise ship or riverboat in the past 14 days? _____

In the past 14 days, has a member of your household, intimate partner or other individual that you have had close, personal contact been diagnosed with COVID 19 or had symptoms similar to COVID 19? _____

Within the past 7 days, have you had a fever above 100.4? _____

Within the past 7 days, have you been diagnosed or had symptoms similar to COVID 19? (symptoms could include, but not limited to: coughing, shortness of breath, chills, muscle aches or pain, sore throat, loss of or change to taste or smell.) _____

TEMPERATURE ON DATE OF SERVICE (taken at salon) _____

SIGNATURE _____ DATE _____